Normal check boxes.

This is a radio button. Since Acrobat 7 it is no longer possible to deselect the active check box, except with a reset form or Javascript action.

Field group with check boxes.

The RadioIsUnion flag has only an effect if at least two check boxes use the same export value.

This group works like a radio button but only radio buttons get a round border if the check box character is set to ccCircle. No problem, set the border width to zero and draw the circle in background if needed.